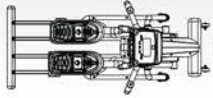


ELLIPTICALS E-45

BODYGUARDFITNESS.COM

**SPACE-SAVING
COMMERCIAL GRADE
EXERCISE EQUIPMENT**



Footprint
62" L x 29" W x 61" H
157 x 73 x 155 cm

KEY FEATURES



DYNAMIC TRAINING

A wide range of unique customizable workouts that replicate real training scenarios plus some innovative Heart Rate Training programs.



INCREDIBLY SMOOTH STRIDE

The momentum created by the self-generating system and precision balanced flywheel lowers perceived exertion.



COMFORTABLE ELLIPTICAL MOTION

The 20" / 51 cm long stride pattern simulates a users natural jogging motion resulting in a feeling everyone can enjoy.



BIOMECHANICALLY CORRECT BODY ALIGNMENT

Engineered to position the ankles in perfect alignment with the knees and hips minimizing stress on the joints.



URETHANE PEDAL FOOTPADS

Offers a great balance of comfort and support and can be easily removed for cleaning.



NO POWER CORDS



L.C.D. CONSOLE

Programs : 17 Preset, 8 Custom & 8 Memory
8 User ID's and a Wireless Heart Rate Receiver



For more information please contact your authorized Bodyguard dealer or visit bodyguardfitness.com

SAFETY & COMFORT

Stride Length	20" / 51 cm
Step-Up Height	9.5" / 24 cm
Pedal Footpads	Urethane (Removable)

MECHANICAL FEATURES

Frame	Steel with Rust Resistant Powder Coating
Flywheel	Cast Iron
Flywheel Weight	16 lbs / 7 kg
Hub	Industrial Double Sealed Bearings
Front Handlebars	Vertical
Resistance Type	Magnetic
Wheels	Dual Concave
Wheel Covers	Yes
Rear Track	Aluminum

TECHNICAL FEATURES

Unit Power	Self-Generated
Display	Blue L.C.D.
Display Feedback	Average Speed, Calories, Calories/Hour, Distance, Elapsed Time, Elevation Change, Goal %, Heart Rate, Maximum Heart Rate %, METS, Pace, RPM's, Speed, Target BPM, Target Remaining, Time In Zone, Watts
Quick Keys	Program Categories & 2 Preset Segments
User ID's	8
Programs	17 Preset, 8 Custom, 8 Memory
Heart Rate Control	20
Resistance Levels	Target & Interval (3 Modes)
Contact Heart Rate	Yes
Wireless Heart Rate	Yes (Compatible 5 kHz Transmitter required)

WEIGHTS & DIMENSIONS

User Weight Capacity	350 lbs / 158 kg
Product Weight	165 lbs / 75 kg
Box Weight	187 lbs / 85 kg
Product Dimensions (L x W X H)	62" x 29" x 61" / 157 x 73 x 155 cm
Box Dimensions (L x W X H)	55" x 20" x 30" / 136 x 50 x 77 cm

COMMERCIAL WARRANTY*

Frame	Lifetime
Parts	5 Years
Labor	2 Year

RESIDENTIAL WARRANTY*

Frame	Lifetime
Parts	10 Years
Labor	3 Years

Interference Standards Compliance	FCC + ICES-003
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*Limited Warranty. Visit bodyguardfitness.com for details. These items and specifications are subject to change.

ELLIPTICALS E-45

Space-Saving Commercial Grade
Exercise Equipment-

The Bodyguard E-45 Elliptical is designed
for users who want dynamic personalized
motivational programming

A wide range of features combined
with premium quality components

Amazing smooth feeling, tremendous durability

Peace of Mind
Thanks to Bodyguard's great warranty

APPLICATIONS:

Homes, Hotels, Schools, Personal Training Studios, Corporate Gyms,
Rehabilitation Clinics, Condominium Buildings
or any small to mid-size Commercial Training Facility.



WHY CHOOSE AN ELLIPTICAL?

- ✓ **Cardiovascular** - great for the heart
- ✓ **Low Impact** - great for the joints
- ✓ **Weight Bearing** - helps build stronger bones
- ✓ **Low Perceived Effort** - makes it easy to keep going
- ✓ **Full Body Workout** - excellent muscle toning

IF YOU NEED US, WE'RE HERE TO HELP

Contact Bodyguard's Direct Customer Service Line
at **1.888.407.3784**

or customerservice@bodyguardfitness.com
or get local help from one of our hundreds
of North American Service Partners.

For more information please contact your authorized
Bodyguard Fitness dealer or visit bodyguardfitness.com

