

Every Workout Matters



Q. SOLE FITNESS

COMPATIBLE  
WITH



MapMyFitness



Fitbit



Record



iHealth



The E55 elliptical has been designed with a compact footprint so users can take advantage of our incredible SOLE quality in a smaller space. Despite its smaller design the E55 does not compromise on features. With a 9" LCD display, 10 position foot pedals, a heavy flywheel, and the same great variety of workout programs available on larger models, the E55 has it all! The E55 elliptical offers fluid, natural workout motion and a whisper quiet drive system. For an extremely smooth feel with plenty of resistance at the top end for any user, from beginners to those looking for more intense training. The E55 includes an integrated tablet holder. This allows you to use your smart devices to watch shows or follow your workout routines. Seamlessly listen to music through the Bluetooth 3.0 Audio Speakers from any enabled smart device. Also included is a USB port to charge your smart devices while working out.

## **E55** 20" ELLIPTICAL

- 20" stride length with 20 lb flywheel for smooth dual track rail with forward and reverse motion
- Power incline changes elliptical motion to target multiple muscle groups
- 9" white backlit LCD screen with adjustable console
- 10 program options and multi-position dual action handlebars with built-in incline and resistance controls
- Oversized cushioned pedals with 2° inward tilt and 10 position adjust for total customization and comfort
- Bluetooth technology with SOLE Fitness™ APP compatible with FitBit, iHealth, MyFitness Pal

**SOLE**  
FITNESS

**E55** 20" ELLIPTICAL



## **E55** EQUIPMENT SPECIFICATIONS

<b>Console</b>	9" white backlit LCD screen with adjustable console, USB charging, built-in tablet holder
<b>Programs</b>	10 programs: manual, hill, fat burn, cardio, strength, HIIT, user 1~2, heart rate control 1~2
<b>Heart Rate</b>	Dual contact heart rate grips, wireless Bluetooth compatible receiver with chest belt
<b>Resistance/Incline</b>	20 levels of computerized auto tension resistance/ 20 levels power incline
<b>Handlebar Toggles</b>	Integrated resistance and incline control buttons
<b>Track System</b>	Double Rail, Front drive system
<b>Stride Length</b>	20" /51 cm
<b>Flywheel</b>	20 lbs/9 kg magnetic two-way bearing system
<b>Handle Bars</b>	D-type, multi-grip handlebars
<b>Foot Pedals</b>	Oversized cushioned pedals with 2° inward tilt and 10 position adjust
<b>Remote Devices</b>	Bluetooth 3.0 speaker, and 4.0 SOLE App
<b>Max User Weight</b>	375 lb/171 kg
<b>Dimensions</b>	70" x 31" x 69"/178 cm x 79 cm x 175.5 cm, 227 lb/103 kg
<b>Packaging</b>	66" x 23" x 34"/168 cm x 58.5 cm x 86.5 cm, 254 lb/115 kg, 29.86 cu. ft.
<b>UPC</b>	6 93315 01955 5

**WARRANTY INFORMATION** Residential Warranty: Frame: Lifetime, Parts: 5 years, Labour: 2 years

**SOLE**

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