

Every Workout Matters



The SOLE B54 upright cycle's low-impact motion is one of the main benefits of exercising with an indoor cycle. Decreasing stress on knees, hips, and ankles throughout your workout while providing positive cardiovascular effects. It is suitable for anything from maintenance to high performance exercise. The B54 is easy to use at any exercise level and takes up a relatively small amount of space, making it an ideal fitness partner for your home workout. Seamlessly listen to music through the Bluetooth 3.0 Audio Speakers from any enabled smart device.

B54 UPRIGHT CYCLE

- 24 levels of computerized auto tension resistance, Bluetooth 3.0 speakers
- 6.5" blue backlit LCD monitor displays time, speed, distance, calories, pulse, level, laps and heart rate
- 28 challenging programs and 22 lb magnetic flywheel
- Multi-grip handlebars with dual contact heart rate grips
- Oversized multi-adjust padded seat (up/down/fore/aft)
- Large articulating pedals with adjustable straps

B54 UPRIGHT CYCLE

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B54 EQUIPMENT SPECIFICATIONS

Console	6.5" blue backlit LCD monitor
Programs	28 programs; manual, P1-13, fat burn, cardio, hill, HIIT, user 1~4, heart rate control 1~6
Heart Rate	Dual contact heart rate grips on handlebars, built in wireless H/R receiver, chest strap compatible
Resistance Levels	24 levels of computerized auto tension resistance
Flywheel	22 lb/ 10 kg magnetic, single way flywheel
Seat	Oversized, multi-adjust padded seat
Seat Adjustment	Fully Adjustable - Up/Down, Fore/Aft
Pedals	Large, articulating pedals with adjustable straps
Remote Devices	Bluetooth 3.0 speaker
Max User Weight	285 lb / 129 kg
Dimensions	41.5" x 24" x 51" / 105.5 cm x 61 cm x 130 cm, 82 lb/ 37 kg
Packaging	41" x 13" x 26" / 104.5 cm x 33 cm x 66 cm, 91 lb/ 41.5 kg, 8.02 cu. ft.
UPC	6 93315 06354 1

WARRANTY INFORMATION Residential Warranty: Frame: Lifetime, Parts: 2 years, Labour: 1 year

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