

Every Workout Matters



The SOLE R52 recumbent cycle helps keep your body aligned in a more natural position while working out thereby reducing overall strain and fatigue. The low-impact cycling motion and ergonomic frame design decrease stress on knees, hips, and the lower back while maintaining the same positive cardiovascular effects of riding an upright cycle. This makes a recumbent ideal for any level workout whether a beginner, taking part in rehab or physical therapy, or for more intense training and exercise. Seamlessly listen to music through the Bluetooth 3.0 Audio Speakers from any enabled smart device.

## **R52** RECUMBENT CYCLE

- 24 levels of computerized auto tension resistance, Bluetooth 3.0 speakers
- 6.5" blue backlit LCD monitor displays time, speed, distance, calories, pulse, level, laps, heart rate
- Stationary handlebars with dual contact H/R grips on side seat handlebars
- Oversized, padded seat with breathable mesh back
- Large, articulating pedals with adjustable straps
- True 'step thru' frame design

**R52** RECUMBENT CYCLE

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## R52 EQUIPMENT SPECIFICATIONS

<b>Console</b>	6.5" blue backlit LCD monitor
<b>Programs</b>	28 programs; manual, P1-13, fat burn, cardio, hill, HIIT, user 1~4, heart rate control 1~6
<b>Heart Rate</b>	Dual contact heart rate grips on handlebars, built in wireless H/R receiver, chest strap compatible
<b>Resistance Levels</b>	24 levels of computerized auto tension resistance
<b>Flywheel</b>	22 lb/ 10 kg magnetic, single way flywheel
<b>Seat</b>	Large, padded seat with breathable mesh back
<b>Seat Adjustment</b>	Fore/Aft
<b>Pedals</b>	Large, articulating pedals with adjustable straps
<b>Remote Devices</b>	Bluetooth 3.0 speaker
<b>Max User Weight</b>	285 lb / 129 kg
<b>Dimensions</b>	55" x 28" x 45" / 140 cm x 71.5 cm x 114.5 cm, 104 lb / 47.5 kg
<b>Packaging</b>	50.5" x 15.5" x 24.5" / 128.5 cm x 39.5 cm x 62.5 cm, 115 lb / 53 kg, 11.1 cu. ft.
<b>UPC</b>	6 93315 08352 5

**WARRANTY INFORMATION** Residential Warranty: Frame: Lifetime, Parts: 2 years, Labour: 1 year

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