## Versatile Fitness Companion



Introducing the SOLE R52 Recumbent Bike—a versatile fitness companion perfect for users of all levels. This user-friendly bike offers a low-impact, joint-friendly workout experience, ideal for beginners, rehabilitation, or intensive training. The console features a 6.5" LCD display with 10 programming options for tailored workouts. Designed with ergonomic comfort in mind, it boasts a horizontally adjustable seat, mesh backrest, and heart rate grips. Sturdy and durable, the R52 supports up to 285 lbs with stability and safety features on various surfaces. Its large backlit console, 22 lbs magnetic flywheel, 24 resistance levels, and Bluetooth heart rate monitoring ensure a seamless fitness journey.

## **R52** RECUMBENT CYCLE

- 24 levels of computerized auto tension resistance
- 6.5" white backlit LCD monitor display with Bluetooth 3.0 speakers
- Stationary handlebars with dual contact H/R grips on side seat handlebars
- Oversized, padded seat with breathable mesh back
- Large, articulating pedals with adjustable straps
- True 'step thru' frame design





## **R52** EQUIPMENT SPECIFICATIONS

Console 6.5" white backlit LCD screen, multi-grip handlebars, reading rack

Display Feedback Time, distance, calories, pulse, speed / RPM, level, laps, heart rate, program

**Programs** 28 programs; manual, P1-13, fat burn, cardio, hill, HIIT, user 1~4, heart rate control 1~6

**Heart Rate** Dual contact heart rate grips, Bluetooth chest belt compatible (chest belt not included)

**Resistance Levels** 24 levels of auto tension resistance

**Flywheel** 22 lb / 10 kg magnetic, single way flywheel

Seat Oversized, multi-adjust padded seat

**Seat Adjustment** Fore/aft

**Pedals** Large, articulating pedals with adjustable straps

**Remote Devices** Bluetooth 3.0 speaker

Max User Weight 285 lb / 130 kg

Dimensions  $55" \times 28" \times 45" / 140 \text{ cm} \times 70 \text{ cm} \times 114 \text{ cm}, 103 \text{ lb} / 47 \text{ kg}$ **Packaging**  $50" \times 15" \times 24" / 127 \text{ cm} \times 38 \text{ cm} \times 61 \text{ cm}, 114 \text{ lb} / 52 \text{ kg}$ 

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## WARRANTY INFORMATION

Residential Warranty: Frame: Lifetime, Parts: 2 years, Labour: 1 year

