### **MA902**

# LOWER EXTREMITY BILATERAL STABILIZATION SET

The set offers advanced calf support for patients experiencing lower body deficiencies or weaknesses that require additional leg and foot alignment to achieve optimal results. This accessory complements the MS300 and MS350 Semi-Recumbent Total Body Steppers.

#### FEATURES AND BENEFITS

- Attachment just below the knee, thereby eliminating any knee torque
- Fully adjustable to keep the lower limb in proper alignment
- Calf support pivoting allows the ankle to move freely in its normal path
- Minimized lower limb adduction or abduction
- Easy attachment and removal on footplate assembly
- Lightweight construction

## **MA906**

### HAND/WRIST STABILIZATION SET

The Hand/Wrist Stabilization Set allows users with limited or no hand strength or control to enjoy the benefits of the Spirit MS300 and MS350 Semi-Recumbent Seated Steppers. Patients with hand and wrist deficiencies will find comfort and security in maintaining a stable hand position throughout the exercise session.

#### FEATURES AND BENEFITS

- Stable and correct hand position throughout the workout
- Easy attachment and removal on the pivoting hand grips
- A full and natural range of motion for the upper body movement
- Ability to keep the hands in place during exercise
- Support for the wrist while minimizing wrist flexion
- Reduction in pressure points





### *MA900*

### RAC BIKE UPGRADE KIT

The MA900 flexibly accommodates patients with its incrementally adjustable cranks, from as little as 15 degrees. Smaller degrees render smaller circular lower body motions. As a result, patients with limited range of motion can start therapy sooner than by using other rehab equipment. Patients acquire passive and active mobilization for hips, knees and ankles. Suitable for individuals with total knee replacements, total hip replacements, ACL, MCL, and PCL repairs, ligamentous tears, patella femoral conditions, tibial stress injuries, tendonitis, and other arthritic, neurological, and muscular conditions.

#### FEATURES AND BENEFITS

- Exercising in the pain-free parts of the body, thereby reducing paitent's discomfort and fear
- Isolated closed kinetic chain exercising for quads and hams
- The MA900 can replace most existing 9/16" threaded bike cranks
- Fits both upright and recumbent bikes
- 10 incremental pedal position adjustments
- Adjusts from 15 degrees to full range
- · Passive attachment arm allows passive ranging

### **MA901**

### **NEUROLOGICAL PEDAL SET**

The MA901 enables patients with neurological dysfunctions to exercise in a closed kinetic chain environment. This is achieved by having patients' feet secured to the pedal with a heel cup and two straps. Suitable for individuals with hemiparesis, cerebral palsy, and other neurological disorders.

### FEATURES AND BENEFITS

- Adjustable tightness ensures feet do not move during closed kinetic chain exercise
- The MA901 can replace most existing 9/16" threaded bike cranks
- · Assists with motor learning, range of motion, strengthening and skill building
- Allows neurological patients the ability to exercise
- · Foot is captured in both the toe and heel areas
- Foot is secured with Velcro® straps

