

# TREADMILLS T-45

BODYGUARDFITNESS.COM

SPACE-SAVING  
COMMERCIAL GRADE  
EXERCISE EQUIPMENT



Footprint  
74" L x 30" W x 54" H  
188 x 76 x 137 cm

## KEY FEATURES



### DYNAMIC TRAINING

A wide range of unique customizable workouts that replicate real training scenarios such as Turbo Training's high acceleration interval workouts as well as advanced hill climbing options.



### SPACE-SAVING X-FRAME

Bodyguard's custom engineered X-Frame matches the strength and performance of larger and heavier frames but takes up significantly less space.



### ATHLETIC TRACK FEEL

An exclusive shock absorption system engineered to minimize impact force while providing maximum foot stability – just like a premium athletic track.



### EXTRA-WIDE COMMERCIAL-ORTHO WALKING BELT

The premium quality 22"/ 56 cm wide running belt combines comfort with the durability of a commercial belt.



### ELECTRONIC STRIDE CONTROL

ESC provides the most natural feeling hill climb workouts by guaranteeing belt traction and eliminating over striding on any incline.



### L.C.D. CONSOLE

Programs : 15 Preset, 8 Custom & 8 Memory  
Quick Keys : Incline, Speed and Preset Speed  
8 User ID's and a Wireless Heart Rate Receiver



Optional Long Handrails



For more information please contact your authorized Bodyguard dealer or visit [bodyguardfitness.com](http://bodyguardfitness.com)



## SAFETY & COMFORT

Exercise Area	22" x 56" / 56 cm x 142 cm
Walking Belt Type	Commercial Ortho
Shock Absorption	Bodyguard Dissipation System (BDS)
Step-Up Height	7.25" / 18 cm
Side Handrails	Short Looped (Optional Long)
Main Keypad	Silicone Keys

## MECHANICAL FEATURES

Drive Motor	3 HP (3600 RPM)
Frame	Steel X-Frame
Adjustable Pivoting Feet	Yes
Deck	1" / 2.5 cm thick, 4-way "Flip & Rotate"
Rollers	2.5" / 6.35 cm diameter - Crowned

## TECHNICAL FEATURES

Power	Plug-in 120 VAC
Display	Blue L.C.D.
Display Feedback	Average Speed, Calories, Calories/Hour, Distance, Elapsed Time, Elevation Change, Goal %, Heart Rate, Incline, Maximum Heart Rate %, METS, Pace, Speed, Target BPM, Time In Zone
Quick Keys	Incline, Speed and Preset Speed
User ID's	8
Programs	15 Preset, 8 Custom, 8 Memory
Heart Rate Control	Target & Interval (3 Modes)
Speed Range	0.5-12 mph / 0.8 - 19.3 kph
Incline Range	0% - 15%
Contact Heart Rate	Yes
Wireless Heart Rate	Yes (Compatible 5 kHz Transmitter required)
Electronic Stride Control	Yes
Advanced Friction Detection System	Yes

## WEIGHTS & DIMENSIONS

User Weight Capacity	400 lbs / 181 kg
Product Weight	272 lbs / 124 kg
Box Weight	324 lbs / 147 kg
Product Dimensions (L x W X H)	74" x 30" x 54" / 188 x 76 x 137 cm
Box Dimensions (L x W X H)	81" x 32" x 15" / 206 x 81 x 38 cm

## COMMERCIAL WARRANTY\*

Frame	Lifetime
Parts	5 Years
Labor	2 Years

## RESIDENTIAL WARRANTY\*

Frame	Lifetime
Drive Motor	Lifetime
Parts	10 Years
Labor	3 Years

Certifications	ETL, CSA, UL
Interference Standards Compliance	FCC + ICES-003

\*Limited Warranty. Visit [bodyguardfitness.com](http://bodyguardfitness.com) for details. These items and specifications are subject to change.

# TREADMILLS T-45

Space-Saving Commercial Grade  
Exercise Equipment

The Bodyguard T-45 Treadmill is designed for users who want dynamic personalized motivational programming

A wide range of features combined with premium quality components

Amazing smooth feeling, tremendous durability

Peace of Mind

Thanks to Bodyguard's great warranty

### APPLICATIONS:

Homes, Hotels, Schools, Personal Training Studios, Corporate Gyms, Rehabilitation Clinics, Condominium Buildings or any small to mid-size Commercial Training Facility.



## WHY CHOOSE A TREADMILL?

- ✓ **Natural** - we are built to move this way
- ✓ **Bones** - increases bone mass and strength
- ✓ **Cardiovascular** - great for the heart
- ✓ **Flexible** - Walk, jog or run, your choice
- ✓ **No slacking off** - Just keep up with the belt

### IF YOU NEED US, WE'RE HERE TO HELP

Contact Bodyguard's Direct Customer Service Line at **1.888.407.3784**

or [customerservice@bodyguardfitness.com](mailto:customerservice@bodyguardfitness.com) or get local help from one of our hundreds of North American Service Partners.

For more information please contact your authorized Bodyguard Fitness dealer or visit [bodyguardfitness.com](http://bodyguardfitness.com)

