

TREADMILLS T-45

BODYGUARDFITNESS.COM

SPACE-**SAVING**
COMMERCIAL GRADE
EXERCISE EQUIPMENT



Footprint
74" L x 30" W x 54" H
188 x 76 x 137 cm

KEY FEATURES



DYNAMIC TRAINING

A wide range of unique customizable workouts that replicate real training scenarios such as Turbo Training's high acceleration interval workouts as well as advanced hill climbing options.



SPACE-**SAVING** X-FRAME

Bodyguard's custom engineered X-Frame matches the strength and performance of larger and heavier frames but takes up significantly less space.



ATHLETIC TRACK FEEL

An exclusive shock absorption system engineered to minimize impact force while providing maximum foot stability – just like a premium athletic track.



EXTRA-WIDE COMMERCIAL-ORTHO WALKING BELT

The premium quality 22"/ 56 cm wide running belt combines comfort with the durability of a commercial belt.



ELECTRONIC STRIDE CONTROL

ESC provides the most natural feeling hill climb workouts by guaranteeing belt traction and eliminating over striding on any incline.



L.C.D. CONSOLE

Programs : 15 Preset, 8 Custom & 8 Memory
Quick Keys : Incline, Speed and Preset Speed
8 User ID's and a Wireless Heart Rate Receiver



Optional Long Handrails



For more information please contact your authorized Bodyguard dealer or visit bodyguardfitness.com



SAFETY & COMFORT

Exercise Area	22" x 56" / 56 cm x 142 cm
Walking Belt Type	Commercial Ortho
Shock Absorption	Bodyguard Dissipation System (BDS)
Step-Up Height	7.25" / 18 cm
Side Handrails	Short Looped (Optional Long)
Main Keypad	Silicone Keys

MECHANICAL FEATURES

Drive Motor	3 HP (3600 RPM)
Frame	Steel X-Frame
Adjustable Pivoting Feet	Yes
Deck	1" / 2.5 cm thick, 4-way "Flip & Rotate"
Rollers	2.5" / 6.35 cm diameter - Crowned

TECHNICAL FEATURES

Power	Plug-in 120 VAC
Display	Blue L.C.D.
Display Feedback	Average Speed, Calories, Calories/Hour, Distance, Elapsed Time, Elevation Change, Goal %, Heart Rate, Incline, Maximum Heart Rate %, METS, Pace, Speed, Target BPM, Time In Zone
Quick Keys	Incline, Speed and Preset Speed
User ID's	8
Programs	15 Preset, 8 Custom, 8 Memory
Heart Rate Control	Target & Interval (3 Modes)
Speed Range	0.5-12 mph / 0.8 - 19.3 kph
Incline Range	0% - 15%
Contact Heart Rate	Yes
Wireless Heart Rate	Yes (Compatible 5 kHz Transmitter required)
Electronic Stride Control	Yes
Advanced Friction Detection System	Yes

WEIGHTS & DIMENSIONS

User Weight Capacity	400 lbs / 181 kg
Product Weight	272 lbs / 124 kg
Box Weight	324 lbs / 147 kg
Product Dimensions (L x W X H)	74" x 30" x 54" / 188 x 76 x 137 cm
Box Dimensions (L x W X H)	81" x 32" x 15" / 206 x 81 x 38 cm

COMMERCIAL WARRANTY*

Frame	Lifetime
Parts	5 Years
Labor	2 Years

RESIDENTIAL WARRANTY*

Frame	Lifetime
Drive Motor	Lifetime
Parts	10 Years
Labor	3 Years

Certifications	ETL, CSA, UL
Interference Standards Compliance	FCC + ICES-003

*Limited Warranty. Visit bodyguardfitness.com for details. These items and specifications are subject to change.

TREADMILLS T-45

Space-Saving Commercial Grade Exercise Equipment

The Bodyguard T-45 Treadmill is designed for users who want dynamic personalized motivational programming

A wide range of features combined with premium quality components

Amazing smooth feeling, tremendous durability

Peace of Mind

Thanks to Bodyguard's great warranty

APPLICATIONS:

Homes, Hotels, Schools, Personal Training Studios, Corporate Gyms, Rehabilitation Clinics, Condominium Buildings or any small to mid-size Commercial Training Facility.



WHY CHOOSE A TREADMILL?

- ✓ **Natural** - we are built to move this way
- ✓ **Bones** - increases bone mass and strength
- ✓ **Cardiovascular** - great for the heart
- ✓ **Flexible** - Walk, jog or run, your choice
- ✓ **No slacking off** - Just keep up with the belt

IF YOU NEED US, WE'RE HERE TO HELP

Contact Bodyguard's Direct Customer Service Line at **1.888.407.3784**

or customerservice@bodyguardfitness.com or get local help from one of our hundreds of North American Service Partners.

For more information please contact your authorized Bodyguard Fitness dealer or visit bodyguardfitness.com

