

# BSG10X Home Gym

**POWERLINE** USA<sup>®</sup>  
*by Body-Solid*



## BSG10X Home Gym

You don't need an engineering degree to put the BSG10X together. The gym comes 90% pre-assembled in one box. All of the high impact resistant nylon pulleys and 2200lb tensile strength steel cables have been hung and strung by the factory. No confusing diagrams to follow during this assembly. It's a simple 9 bolt process. You can be working out in as little as 30 minutes. The compact frame, less than 4 foot wide and 6½ foot tall let you install this gym anywhere.

Engineered to be compact and easily assembled the BSG10X does not compromise your workouts. A stable platform and multiple seat adjustments let the BSG10X accommodate many users of all sizes. A 160lb. adjustable weight stack, high, mid and low pulleys, 8 position adjustable press arm and leg developer station the BSG10X enables the user to perform over 40 exercises, safely and biomechanically correct.

## Special Features

- Easy assembly
- Traditional press bar is biomechanically designed for maximum chest concentration and outstanding muscle development
- Lat pull-down station allows unlimited, full range of motion through unilateral, bilateral, converging or diverging movement
- 160 lb. (73 kg) selectorized weight stack

## In-Home Warranty

Frame & Welds .....10 Years  
Bushings and Hardware.....1 Years  
Pad, Rollers and Grips .....1 Year

Weight: 328 lbs  
Dimensions: 70"L x 42"W x 80"H