BODYCRAFT

T3 Life Tree Total Training Tower™

The T3 Life Tree is a complete home gym in a compact package. Literally hundreds of exercises can be performed using this remarkable device. Perfect for the beginner and able to progress as you do, you will never outgrow the T3. And, since it is built to the highest possible specifications, the T3 will provide a lifetime of benefits.

Bodyweight Training



Core Training





Power Cord Strength Training















T3 Life Tree Total Training Tower™

Multiple connection points accommodate your body size and fitness level.





Removable Stability Ball provides support for Hanging Ab exercises, or can be removed for dozens of stand alone exercises.



Light Commercial Warranty*

- 10 Years Frame
- 2 Years Parts
- 90 Days Power Bands, Stability Ball, Ab Slings

Residential Warranty*

- Lifetime Frame (lifetime of original owner) Lifetime Parts
- 1 Year Stability Ball, Ab Slings
- 180 Days Power Bands
- *See website for details.

Notice: Bodycraft reserves the right to make improvements at any time. The product you receive may not exactly resemble the product portrayed in this brochure. If this occurs, you can rest assured we have made any changes with your best interest in mind.

Patent Pending



Complete Chin Bar for every possible grip. Use the included Power Bands for assisted Chins and Dips!





Oversized comfortable Dip Handles are angled for different widths. Fold up when not in use.





Anchor Points for Power Band Training.

